

5. Osteroder Altstadtlauf

Ergebnisliste AK Langstrecke 10000m

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|------|--------|-------|--------|------|
|-------|----------|------|--------|-------|--------|------|

Schülerinnen B

| | | | | | | |
|----|------|---------------|------|---|--------------------|------------|
| 1. | 1016 | Grote, Teresa | 1995 | w | TSV Elvershausen - | 0:58:15,17 |
|----|------|---------------|------|---|--------------------|------------|

Schülerinnen A

| | | | | | | |
|----|-----|----------------|------|---|-------------------|------------|
| 1. | 828 | Charhour, Sara | 1992 | w | HS Neustädter Tor | 0:50:08,20 |
|----|-----|----------------|------|---|-------------------|------------|

Frauen

| | | | | | | |
|----|------|---------------|------|---|-----------------------------|------------|
| 1. | 1004 | Fege, Saskia | 1983 | w | Triathlon Team Braunschweig | 0:45:11,54 |
| 2. | 796 | Wendt, Lena | 1985 | w | | 0:55:23,62 |
| 3. | 933 | Haberer, Lisa | 1987 | w | MTV Gittelde | 1:02:13,42 |

W30

| | | | | | | |
|----|-----|--------------------|------|---|-------------------------|------------|
| 1. | 869 | Schilling, Sabine | 1977 | w | Laufline Team Göttingen | 0:45:02,02 |
| 2. | 786 | Katzorke, Mareike | 1976 | w | | 0:46:47,96 |
| 3. | 888 | Hupfeld, Dr. Tanja | 1973 | w | LG Göttingen | 0:47:43,59 |
| 4. | 983 | Meißner, Doreen | 1973 | w | Team INJOY | 0:47:45,98 |
| 5. | 986 | Mollus, Bettina | 1975 | w | Team INJOY | 0:53:23,50 |
| 6. | 849 | Hankel, Brigitte | 1974 | w | Laufgruppe Hartmann | 0:56:12,07 |
| 7. | 761 | Gerke, Dunja | 1976 | w | | 1:01:59,00 |

W35

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|----|------|-------------------|------|---|---------------------|------------|
| 1. | 908 | Baumgart, Maike | 1971 | w | LG Volkersheim | 0:46:59,48 |
| 2. | 854 | Niehus, Katja | 1971 | w | Laufgruppe Hartmann | 0:57:42,89 |
| 3. | 1036 | Rensch, Daniela | 1971 | w | WSV Wolfenbüttel | 0:58:18,82 |
| 4. | 852 | Lakemann, Heidrun | 1971 | w | Laufgruppe Hartmann | 0:58:31,06 |

W40

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|----|------|----------------------|------|---|---------------------------|------------|
| 1. | 1028 | Hoffmann, Kerstin | 1965 | w | VfL 28 Ellrich | 0:45:08,51 |
| 2. | 1031 | Liebig, Ines | 1966 | w | VfL 28 Ellrich | 0:48:54,48 |
| 3. | 875 | Herzog, Katja | 1964 | w | Promotio Laufteam | 0:50:50,85 |
| 4. | 1021 | Kniepen, Sirkka | 1965 | w | TSV Willensen | 0:50:54,10 |
| 5. | 865 | Goedicke, Manuela | 1967 | w | Laufline Team Göttingen | 0:51:23,00 |
| 6. | 823 | Heidelberg, Angela | 1964 | w | Hartmann's Reste von 2006 | 0:53:58,18 |
| 7. | 858 | Steffien, Manuela | 1966 | w | Laufgruppe Hartmann | 0:59:33,15 |
| 8. | 1296 | Götzinger, Annemarie | 1966 | w | | 1:01:56,20 |
| 9. | 832 | Stricker, Claudia | 1966 | w | Intersport Stricker | 1:06:47,32 |

W45

| | | | | | | |
|----|------|---------------------------|------|---|--------------------------|------------|
| 1. | 926 | Wedekind, Doris | 1959 | w | MTV Förste | 0:48:13,35 |
| 2. | 1034 | Schröder-Gewehr, Gabriele | 1962 | w | WSV Clausthal-Zellerfeld | 0:48:25,66 |
| 3. | 810 | Oldhafer-Naporra, Heike | 1958 | w | DIDOSA Wolfenbüttel | 0:55:10,40 |
| 4. | 783 | Wolf, Dagmar | 1960 | w | | 0:55:41,88 |
| 5. | 812 | Hintze, Hanna | 1961 | w | DIDOSA Wolfenbüttel | 0:58:02,92 |
| 6. | 921 | Langner, Sieglinde | 1959 | w | MTV Bad Grund | 0:58:24,51 |
| 7. | 920 | Fröhlich, Doris | 1959 | w | MTV Bad Grund | 0:58:25,62 |

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|----|-----|------------------|------|---|--|------------|
| 8. | 779 | Wiesner, Barbara | 1959 | w | | 1:06:35,96 |
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W50

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|----|------|--------------------|------|---|--------------------------|------------|
| 1. | 960 | Wöhleke, Monika | 1957 | w | PSV GW-Kassel | 0:40:55,53 |
| 2. | 879 | Tondock, Christa | 1957 | w | Lauftreff Northeim | 0:48:04,70 |
| 3. | 846 | Steinberg, Ute | 1957 | w | Kodak Osterode | 0:48:10,13 |
| 4. | 811 | Schliephake, Petra | 1956 | w | DIDOSA Wolfenbüttel | 0:49:37,25 |
| 5. | 826 | Meyer, Marion | 1954 | w | Harz- Weser- Werkstätten | 0:50:45,81 |
| 6. | 906 | Timm, Angelika | 1955 | w | LG SG Hattorf | 0:53:44,14 |
| 7. | 1023 | Görs, Gabriele | 1955 | w | TT Tiftlingerode | 1:02:17,12 |

W55

| | | | | | | |
|----|-----|----------------------|------|---|---------------------|------------|
| 1. | 954 | Heine, Christl | 1948 | w | ohne | 0:50:21,34 |
| 2. | 897 | Rudolph, Karin | 1950 | w | LG SG Hattorf | 0:53:41,12 |
| 3. | 857 | Matuschewski, Gisela | 1951 | w | Laufgruppe Hartmann | 0:59:36,13 |

W60

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|----|-----|-------------------|------|---|---------------|------------|
| 1. | 915 | Heinatzky, Gisela | 1946 | w | LT Salzgitter | 0:58:05,79 |
|----|-----|-------------------|------|---|---------------|------------|

Schüler B

| | | | | | | |
|----|-----|--------------------|------|---|-------------------------|------------|
| 1. | 899 | Bischoff, Thore | 1995 | m | LG SG Hattorf | 0:44:31,37 |
| 2. | 867 | Leonhardt, Lukas | 1994 | m | Laufline Team Göttingen | 0:47:37,30 |
| 3. | 790 | Dietrich, Jan Luca | 1994 | m | | 0:57:09,53 |

Schüler A

| | | | | | | |
|----|-----|---------------------|------|---|---------------|------------|
| 1. | 905 | Riechel, Jan | 1993 | m | LG SG Hattorf | 0:42:37,32 |
| 2. | 996 | Sokolowski, Bastian | 1992 | m | TG LaPeKa | 0:46:39,93 |

m. Jugend B

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|----|------|--------------------|------|---|------------------------|------------|
| 1. | 970 | Schwerdt, Patrick | 1991 | m | SV Einheit 1875 Worbis | 0:43:35,14 |
| 2. | 995 | Zimmermann, Niklas | 1990 | m | TG LaPeKa | 0:43:58,37 |
| 3. | 1002 | Vogel, Sebastian | 1991 | m | TR-Gymnasium Osterode | 0:49:23,32 |
| 4. | 997 | Lange, Christian | 1991 | m | TG LaPeKa | 1:00:24,73 |

m. Jugend A

| | | | | | | |
|----|------|-------------------|------|---|--------------------------|------------|
| 1. | 848 | Göckeritz, Henrik | 1988 | m | Laufclub Erfurt | 0:32:22,34 |
| 2. | 1015 | Pavel, Patrick | 1988 | m | TSV Eintracht Wolfshagen | 0:35:35,01 |
| 3. | 929 | Bade, Elric | 1988 | m | MTV Freiheit | 0:46:26,50 |
| 4. | 1000 | Sprung, Florian | 1988 | m | TR-Gymnasium Osterode | 0:49:10,57 |
| 5. | 907 | Peter, Richard | 1989 | m | LG Volkersheim | 0:49:14,79 |

Männer

| | | | | | | |
|----|------|--------------------|------|---|-----------------------------|------------|
| 1. | 886 | Moeller, Lars | 1980 | m | LG Braunschweig | 0:31:09,46 |
| 2. | 861 | Wienbreier, Daniel | 1979 | m | Laufgruppe Hartmann | 0:31:30,76 |
| 3. | 822 | Leunig, Stefan | 1986 | m | Hannover 96 | 0:35:24,26 |
| 4. | 1003 | Klinkberg, Tobias | 1983 | m | Triathlon Team Braunschweig | 0:37:16,26 |
| 5. | 1014 | Steinert, Stefan | 1982 | m | TSV Ebergötzen | 0:38:02,52 |
| 6. | 987 | Schwarze, Matthias | 1978 | m | Team INJOY | 0:38:14,60 |
| 7. | 804 | Hintze, Lars | 1984 | m | BSG Bosch Göttingen | 0:38:29,61 |
| 8. | 830 | Goebel, Patric | 1980 | m | HS Neustädter Tor | 0:40:24,71 |
| 9. | 969 | Ahlbrecht, Sören | 1986 | m | SV Dielmissen | 0:41:08,50 |

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|-----|------|--------------------|------|---|-----------------------|------------|
| 10. | 813 | Kuckelt, Jens | 1983 | m | DJK SV Arenshausen | 0:42:06,18 |
| 11. | 773 | Hartleb, Sirko | 1978 | m | | 0:43:28,98 |
| 12. | 981 | Arifi, Sehat | 1979 | m | Team INJOY | 0:43:32,01 |
| 13. | 818 | Freye, Peter | 1981 | m | Flaeming-Kiter | 0:45:05,48 |
| 14. | 1001 | Heierhoff, Felix | 1987 | m | TR-Gymnasium Osterode | 0:45:39,20 |
| 15. | 964 | Seiffert, Marc | 1980 | m | SincoTec Team | 0:45:41,48 |
| 16. | 988 | Rosenthal, Stefan | 1982 | m | Team INJOY | 0:46:54,08 |
| 17. | 767 | Weber, Dennis | 1979 | m | | 0:48:07,12 |
| 18. | 792 | Böse, Kilian J. | 1978 | m | | 0:48:17,55 |
| 19. | 759 | Rumpf, David | 1985 | m | | 0:48:28,83 |
| 20. | 896 | Henkel, Sascha | 1985 | m | LG SG Hattorf | 0:50:27,81 |
| 21. | 801 | Eilhardt, Patrick | 1979 | m | --- | 0:53:03,58 |
| 22. | 770 | Hunger, Daniel | 1984 | m | | 0:54:17,32 |
| 23. | 833 | Hartmann, Frederik | 1987 | m | Judo-Club Osterode | 0:55:49,95 |

M30

| | | | | | | |
|-----|------|---------------------|------|---|---------------------------|------------|
| 1. | 843 | Lindert, Jörg | 1973 | m | Kodak Osterode | 0:38:33,49 |
| 2. | 777 | Polle, Alexander | 1976 | m | | 0:40:43,71 |
| 3. | 864 | Meyer, Stefan | 1974 | m | Laufline Team Göttingen | 0:41:15,84 |
| 4. | 884 | Neugebauer, Michael | 1975 | m | LAV Alfeld | 0:41:26,14 |
| 5. | 778 | Redecker, Ingo | 1973 | m | | 0:43:12,29 |
| 6. | 978 | Höhn, Martin | 1974 | m | Team Erdinger Alkoholfrei | 0:43:23,35 |
| 7. | 901 | Wirth, Oliver | 1975 | m | LG SG Hattorf | 0:45:29,56 |
| 8. | 889 | Schridde, Marten | 1976 | m | LG Oelber a. w. Wege | 0:45:37,07 |
| 9. | 873 | Sommer, Stefan | 1973 | m | Laufteam Herzberg | 0:46:49,28 |
| 10. | 806 | Meyer, Oliver | 1975 | m | BSG Stadt Lehrte | 0:46:49,99 |
| 11. | 957 | Diedrich, Stefan | 1974 | m | Piller Power Systems GmbH | 0:47:31,44 |
| 12. | 878 | Schmull, Andreas | 1974 | m | Lauftreff Goldbach | 0:47:36,07 |
| 13. | 793 | Wiegmann, Ingo | 1973 | m | | 0:48:02,31 |
| 14. | 1038 | Pflugmacher, Jens | 1974 | m | LT Feierabend Einbeck | 0:50:04,06 |
| 15. | 855 | Berger, Torge | 1975 | m | Laufgruppe Hartmann | 0:53:00,78 |
| 16. | 797 | Jürgens, Reinhard | 1976 | m | | 0:54:43,40 |
| 17. | 992 | Kobes, Sascha | 1977 | m | Team Promotio (Gö) | 0:54:59,28 |

M35

| | | | | | | |
|-----|------|--------------------|------|---|----------------|------------|
| 1. | 839 | Wagner, Rüdiger | 1970 | m | Kodak Osterode | 0:35:55,23 |
| 2. | 887 | Schmidt, Thorsten | 1968 | m | LG Eichsfeld | 0:36:02,66 |
| 3. | 882 | Kaspari, Mark | 1970 | m | LAV Alfeld | 0:37:07,86 |
| 4. | 1032 | Trogisch, Volker | 1968 | m | VfL 28 Ellrich | 0:40:57,01 |
| 5. | 923 | Oepkes, Jens | 1969 | m | MTV Förste | 0:41:04,17 |
| 6. | 990 | Schnella, Olaf | 1969 | m | Team INJOY | 0:42:59,00 |
| 7. | 984 | Mollus, Andreas | 1972 | m | Team INJOY | 0:45:19,85 |
| 8. | 821 | Zimmermann, Jörg | 1971 | m | Hannover 96 | 0:45:57,72 |
| 9. | 840 | Kleinecke, Ralf | 1972 | m | Kodak Osterode | 0:46:30,04 |
| 10. | 909 | Prigge, Martin | 1970 | m | LG Volkersheim | 0:47:01,96 |
| 11. | 946 | Stanischewski, Uwe | 1972 | m | MTV Vechede | 0:47:23,01 |
| 12. | 939 | Telge, Dietmar | 1971 | m | MTV Herzberg | 0:47:38,81 |
| 13. | 834 | Müller, Lars | 1970 | m | KAMAX | 0:47:42,64 |
| 14. | 776 | Grimm, Michael | 1969 | m | | 0:47:48,61 |
| 15. | 898 | Deppe, Carsten | 1972 | m | LG SG Hattorf | 0:48:08,57 |

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|-----|------|--------------------|------|---|---------------------|------------|
| 16. | 775 | Grabau, Stefan | 1970 | m | | 0:48:56,11 |
| 17. | 836 | Bandke, Michael | 1972 | m | KAMAX | 0:49:34,27 |
| 18. | 1010 | Placht, Michael | 1970 | m | TSG Badenhäusen | 0:50:25,53 |
| 19. | 935 | Hüttig, Peter | 1968 | m | MTV Gittelde | 0:50:42,53 |
| 20. | 963 | Zorrmann, Helge | 1968 | m | SincoTec Team | 0:50:55,59 |
| 21. | 800 | Chen, Victor | 1969 | m | | 0:51:48,35 |
| 22. | 844 | Hennig, Ingo | 1969 | m | Kodak Osterode | 0:52:35,90 |
| 23. | 916 | Morgenstern, Boris | 1971 | m | LT Seesen | 0:52:41,95 |
| 24. | 859 | Weber, Markus | 1970 | m | Laufgruppe Hartmann | 0:56:13,39 |
| 25. | 989 | Rott, Jürgen | 1968 | m | Team INJOY | 0:57:22,83 |
| 26. | 851 | Junge, Christian | 1969 | m | Laufgruppe Hartmann | 0:59:16,45 |

M40

| | | | | | | |
|-----|------|----------------------|------|---|---------------------------|------------|
| 1. | 885 | Burger, Mario | 1967 | m | LG Braunschweig | 0:32:07,76 |
| 2. | 765 | Moog, Ralf | 1965 | m | | 0:35:36,43 |
| 3. | 940 | Friedrichsen, Roland | 1964 | m | MTV Osterode | 0:37:54,67 |
| 4. | 1033 | Gloger, Andreas | 1964 | m | VfL 28 Ellrich | 0:38:37,51 |
| 5. | 974 | Dieckmann, Jens | 1964 | m | Team Christ & Sigma | 0:38:44,04 |
| 6. | 845 | Kuba, Hans-Joachim | 1965 | m | Kodak Osterode | 0:38:45,26 |
| 7. | 1027 | Beyer, Steffen | 1963 | m | VfL 28 Ellrich | 0:39:13,18 |
| 8. | 1022 | Preuß, Thomas | 1966 | m | TSV Wulfen | 0:39:16,32 |
| 9. | 780 | Adomeit, Stephan | 1967 | m | | 0:39:19,68 |
| 10. | 903 | Bartkowski, Hubertus | 1965 | m | LG SG Hattorf | 0:40:00,73 |
| 11. | 895 | Gattermann, Heinz | 1964 | m | LG SG Hattorf | 0:40:40,87 |
| 12. | 774 | Spillner, Jörg | 1966 | m | | 0:40:51,56 |
| 13. | 1019 | Wode, Andre | 1966 | m | TSV Schwiegershausen | 0:41:48,84 |
| 14. | 938 | Fritsche, Dirk | 1964 | m | MTV Herzberg | 0:42:48,11 |
| 15. | 982 | Schreiber, Torsten | 1966 | m | Team INJOY | 0:43:21,14 |
| 16. | 973 | Pichel, Thomas | 1964 | m | Team Christ & Sigma | 0:44:06,23 |
| 17. | 782 | Hendorf, Michael | 1966 | m | | 0:44:54,98 |
| 18. | 968 | Böning, Tobias | 1967 | m | SV Bernshausen | 0:45:14,84 |
| 19. | 1007 | Spanl, Bert | 1963 | m | TSC Eisdorf | 0:45:26,99 |
| 20. | 902 | Riechel, Bernd | 1963 | m | LG SG Hattorf | 0:46:21,64 |
| 21. | 794 | Brandt, Norbert | 1964 | m | | 0:47:19,87 |
| 22. | 807 | Ueberheide, Olaf | 1964 | m | BSG Stadt Lehrte | 0:47:33,83 |
| 23. | 866 | Leonhardt, Matthias | 1966 | m | Laufline Team Göttingen | 0:47:39,78 |
| 24. | 956 | Schaefer, Mario | 1966 | m | Piller Power Systems GmbH | 0:47:46,79 |
| 25. | 769 | Grupe, Markus | 1963 | m | | 0:48:00,88 |
| 26. | 842 | Fischer, Jörg | 1964 | m | Kodak Osterode | 0:48:16,06 |
| 27. | 944 | Mandel, Uwe | 1967 | m | MTV Seesen | 0:49:30,47 |
| 28. | 953 | Feldgiebel, Bernd | 1964 | m | Obermann Logistik GmbH | 0:50:13,49 |
| 29. | 952 | Obermann, Lars | 1967 | m | Obermann Logistik GmbH | 0:50:17,05 |
| 30. | 837 | Gunder, Thimeo | 1966 | m | Kein Verein | 0:50:23,50 |
| 31. | 910 | Peter, Kay | 1964 | m | LG Volkersheim | 0:50:31,76 |
| 32. | 927 | Hauschild, Ralf | 1965 | m | MTV Förste | 0:51:32,88 |
| 33. | 1005 | Armbrecht, Ingo | 1967 | m | TSC Dorste | 0:51:51,69 |
| 34. | 947 | Hörnig, Sebastian | 1964 | m | Naturheilpraxis Hörnig | 0:53:11,73 |
| 35. | 850 | Hinze, Jürgen | 1963 | m | Laufgruppe Hartmann | 0:54:23,28 |
| 36. | 863 | Roch, Andreas | 1963 | m | Laufgruppe Hartmann | 0:59:40,27 |

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|-----|-----|-----------------|------|---|---------------------|------------|
| 37. | 853 | Kudlek, Mathias | 1964 | m | Laufgruppe Hartmann | 1:01:53,82 |
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M45

| | | | | | | |
|-----|------|-----------------------|------|---|--------------------------|------------|
| 1. | 891 | Sander, Christian | 1961 | m | LG Osterode | 0:35:42,01 |
| 2. | 883 | Zodrow, Uwe | 1962 | m | LAV Alfeld | 0:36:40,33 |
| 3. | 890 | Libitowski, Paul | 1959 | m | LG Osterode | 0:36:58,60 |
| 4. | 994 | Dortmund, Peter | 1961 | m | TG LaPeKa | 0:38:21,17 |
| 5. | 932 | Jürgens, Mirko | 1960 | m | MTV Freiheit | 0:40:07,19 |
| 6. | 922 | Langner, Fred | 1961 | m | MTV Bad Grund | 0:40:58,74 |
| 7. | 931 | Barkow, Torsten | 1962 | m | MTV Freiheit | 0:41:13,94 |
| 8. | 1035 | Gewehr, Torsten | 1961 | m | WSV Clausthal-Zellerfeld | 0:41:19,75 |
| 9. | 965 | Möller, Udo | 1960 | m | Spiridon Laufmagazin | 0:42:27,85 |
| 10. | 1024 | Schubert, Reiner | 1959 | m | TTC PeLaKa | 0:42:30,85 |
| 11. | 962 | Niehoff, Michael | 1959 | m | SG Hillerse | 0:43:25,25 |
| 12. | 919 | Liedtke, Otto | 1960 | m | MTV Adenbüttel | 0:43:26,21 |
| 13. | 771 | Schwäbig, Klaus | 1958 | m | | 0:43:30,42 |
| 14. | 975 | Voßkuhl, Karl | 1959 | m | Team Christ & Sigma | 0:44:21,40 |
| 15. | 950 | Peters, Thomas | 1960 | m | Obermann Logistik GmbH | 0:44:28,61 |
| 16. | 1030 | Hoffmann, Hardy | 1962 | m | VfL 28 Ellrich | 0:45:04,56 |
| 17. | 998 | Bohnen, Werner | 1960 | m | TG LaPeKa | 0:45:17,59 |
| 18. | 802 | Kowallick, Dirk | 1958 | m | BBS1 Osterode | 0:45:37,08 |
| 19. | 860 | Werger, Eckhardt | 1962 | m | Laufgruppe Hartmann | 0:46:35,71 |
| 20. | 930 | Bade, Hans-Henning | 1962 | m | MTV Freiheit | 0:46:41,64 |
| 21. | 917 | Vahldiek, Frank | 1961 | m | Marathon Hildesheim | 0:47:03,76 |
| 22. | 841 | Drayling, Peter | 1962 | m | Kodak Osterode | 0:47:16,45 |
| 23. | 951 | Witter, Frank Ullrich | 1958 | m | Obermann Logistik GmbH | 0:47:18,04 |
| 24. | 924 | Sievers, Bernhard | 1960 | m | MTV Förste | 0:48:04,83 |
| 25. | 925 | Wendt, Heiner | 1958 | m | MTV Förste | 0:48:11,65 |
| 26. | 835 | Herold, Thomas | 1960 | m | KAMAX | 0:48:31,64 |
| 27. | 856 | Nüsse, Dirk | 1959 | m | Laufgruppe Hartmann | 0:49:17,56 |
| 28. | 825 | Röthig, Helmut | 1959 | m | Harz- Weser- Werkstätten | 0:49:20,26 |
| 29. | 795 | Brod, Klaus | 1961 | m | | 0:49:24,06 |
| 30. | 959 | Artmann, Michael | 1960 | m | Promotio Laufteam | 0:49:37,84 |
| 31. | 768 | Hunger, Stephan | 1960 | m | | 0:49:55,95 |
| 32. | 874 | Lichtenstein, Manfred | 1961 | m | Laufteam Herzberg | 0:50:36,34 |
| 33. | 787 | Heisecke, Reiner | 1960 | m | | 0:51:03,94 |
| 34. | 824 | Goltermann, Bernd | 1961 | m | Harz- Weser- Werkstätten | 0:51:13,04 |
| 35. | 784 | Lehrke, Reinhard | 1958 | m | | 0:51:16,07 |
| 36. | 803 | Flöter, Jörg | 1961 | m | BBS1 Osterode | 0:52:03,75 |
| 37. | 799 | Weidenfeller, Bernd | 1961 | m | | 0:52:19,76 |
| 38. | 525 | Kirchhoff, Uwe | 1958 | m | Kodak Osterode | 0:52:45,50 |
| 39. | 993 | Friedmann, Frank | 1961 | m | TG La-Pe-Ka | 0:53:05,42 |
| 40. | 936 | de Vries, Olaf | 1962 | m | MTV Gittelde | 0:53:07,27 |
| 41. | 789 | Wigger, Harald | 1960 | m | | 0:53:10,29 |
| 42. | 816 | Wolf, Hans-Joachim | 1959 | m | familie wolf | 0:55:30,15 |
| 43. | 798 | Wendt, Harald | 1962 | m | | 0:55:36,42 |
| 44. | 758 | Dietrich, Ingolf | 1959 | m | | 0:55:54,95 |
| 45. | 894 | Kiekenap, Willi | 1960 | m | LG SG Hattorf | 0:57:03,23 |

M50

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|-----|------|-----------------------|------|---|----------------------------------|------------|
| 1. | 1026 | Omland, Burkhard | 1957 | m | VfL 28 Ellrich | 0:37:10,86 |
| 2. | 764 | Eggers, Herbert | 1956 | m | | 0:40:56,27 |
| 3. | 900 | Wiekenberg, Wolfgang | 1957 | m | LG SG Hattorf | 0:42:51,07 |
| 4. | 762 | Heinrich, Peter | 1953 | m | | 0:43:28,76 |
| 5. | 755 | Jendrysik, Karl-Heinz | 1957 | m | | 0:44:16,71 |
| 6. | 961 | Köhler, Uli | 1955 | m | Sehusa Wasserwelt | 0:46:12,27 |
| 7. | 808 | Dunkel, Bernhard | 1956 | m | CWC-Bilshausen | 0:46:31,53 |
| 8. | 785 | Kirch, Günter | 1955 | m | | 0:46:33,62 |
| 9. | 1009 | Schlünzen, Rolf | 1955 | m | BBS1 Osterode | 0:50:48,50 |
| 10. | 871 | Brünjes, Konrad | 1953 | m | Laufteam Herzberg | 0:51:00,50 |
| 11. | 928 | Schindler, Marcel | 1955 | m | MTV Förste | 0:51:25,79 |
| 12. | 1025 | Lüer, Wolfgang | 1953 | m | Uwes Laufftreff Osterode am Harz | 0:57:38,75 |

M55

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|-----|------|-----------------------|------|---|-----------------------|------------|
| 1. | 1029 | Wernecke, Karl-Ernst | 1952 | m | VfL 28 Ellrich | 0:38:49,93 |
| 2. | 1020 | Roth, Olaf | 1951 | m | TSV Warzen | 0:41:31,35 |
| 3. | 934 | Giesecke, Friedrich | 1952 | m | MTV Gittelde | 0:43:10,68 |
| 4. | 814 | Arand, Raimund | 1950 | m | DJK SV Arenshausen | 0:43:17,35 |
| 5. | 1013 | Fricke, Klaus | 1948 | m | TSV Bredesen | 0:45:39,89 |
| 6. | 815 | Ostermann, Helmut | 1949 | m | Einbecker SV | 0:45:54,28 |
| 7. | 788 | Müller, Matthias | 1949 | m | | 0:46:43,76 |
| 8. | 942 | Ehrhorn, Manfred | 1948 | m | MTV Seesen | 0:47:26,83 |
| 9. | 880 | Tondock, Günter | 1950 | m | Laufftreff Northeim | 0:47:57,65 |
| 10. | 999 | Ahrens, Wolfgang | 1950 | m | TR-Gymnasium Osterode | 0:48:15,09 |
| 11. | 838 | Lackermeier, Georg | 1949 | m | Kodak Osterode | 0:52:59,08 |
| 12. | 809 | Große, Hans-Gerhard | 1951 | m | DIDOSA Wolfenbüttel | 0:53:19,29 |
| 13. | 904 | Bröder, Eberhard | 1948 | m | LG SG Hattorf | 0:53:34,65 |
| 14. | 958 | Siefert, Hans Joachim | 1952 | m | Promotio Laufteam | 0:54:55,59 |
| 15. | 945 | Heim, Horst | 1952 | m | MTV Vechede | 0:55:03,41 |
| 16. | 1012 | Kucz, Hans-Joachim | 1950 | m | TSV - Münchhof | 0:59:42,21 |

M60

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| 1. | 847 | Wagner, Volkhart | 1946 | m | Langer Atem | 0:40:13,21 |
| 2. | 868 | Heinatzky, Karlheinz | 1943 | m | Laufline Team Göttingen | 0:42:45,69 |
| 3. | 820 | Mittelstädt, Gerhard | 1943 | m | gw-gan | 0:45:01,47 |
| 4. | 893 | Wachsmuth, Peter | 1946 | m | LG Rumpelbrücke | 0:46:43,25 |
| 5. | 881 | Fellert, Herbert | 1944 | m | Laufftreff Sartorius | 0:47:49,98 |
| 6. | 870 | Herborg, Rainer | 1944 | m | Laufline Team Göttingen | 0:51:24,50 |
| 7. | 943 | Adolph, Karl-Heinz | 1946 | m | MTV SEESEN | 0:51:36,15 |
| 8. | 791 | Böhm, Erich | 1947 | m | | 0:51:38,62 |
| 9. | 760 | Dommes, Karl-Herwig | 1947 | m | | 0:58:41,29 |

M65

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| 1. | 872 | Sommer, Eckhard | 1942 | m | Laufteam Herzberg | 0:49:01,15 |
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M70

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| 1. | 1011 | Bock, Hans-Erwin | 1937 | m | TSV - Münchhof | 0:44:48,47 |
|----|------|------------------|------|---|----------------|------------|

Anzahl: 245